University of Udine
Department of Mathematics and Computer Science


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Lorenzo Freddi, Francois Murat, Roberto Paroni

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# Saint-Venant's theory for beams with multi-connected cross-section: justification and error estimate 

Lorenzo Freddi * François Murat ${ }^{\dagger}$<br>Roberto Paroni ${ }^{\ddagger}$

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#### Abstract

The aim of the paper is twofold. First, starting from the threedimensional theory of linear elasticity, we give a simple justification of Saint-Venant theory for beams with multi-connected cross-section by means of $\Gamma$-convergence. Second, we estimate the error between the three-dimensional problem and the limit problem.


## 1 Introduction

In the last years there has been a growing interest in the justification of the classical theories of thin-elastic bodies. Several methods have been used, among which the most popular are: the asymptotic expansion method, the $\Gamma$-convergence, and the use of functional analysis techniques similar in spirit to those applied in the mathematical theory of homogenization. Among these, the first provides only a formal justification since, as a starting point,

[^0]it assumes the existence of a power series expansion of the unknowns in terms of the parameters which identify the small scales.

The justification by means of $\Gamma$-convergence of St. Venant beam's theory has been given for the first time by Anzellotti, Baldo and Percivale [1]. These authors limited themselves to consider circular cross sections, while the case of a general simply-connected cross section has been considered by Percivale [16]. Since then, several extensions have been given. In particular we mention the works by Mora and Muller [12], [13] where the starting point is non-linear elasticity instead of linear elasticity, and the studies of Freddi, Morassi and Paroni [4], [5] on thin-walled beams.

The method based on functional analysis techniques has been used by Le Dret [10] to justify the theory of rods. In this paper the author does not only study the convergence of the displacements but also of the stresses. The cross section is again assumed simply-connected and the material is homogeneous and isotropic. The extension to fully anisotropic inhomogeneous materials has been given by Murat and Sili [14], [15]. The method has been used also by the authors [6] to study anisotropic, inhomogeneous, thin-walled beams with rectangular cross-section.

In this paper we use the theory of $\Gamma$-convergence to give a rigorous justification of the linear theory of elastic beams with multi-connected cross-section which, to the best of our knowledge, has been done only through the formal asymptotic method (see for instance the paper by Trabucho and Viano [17]).

The key result which allows us to handle multi-connected cross-sections is contained in Theorem 3.3. The corresponding step in the simply-connected case is easily achieved thanks to an application of Poincaré's lemma, see [3]. Successively, we give an estimate of the error between the solutions of the three-dimensional problem and of the limit problem. This, to our knowledge, is the first rigorous error estimate of a dimension reduction problem given within the framework of $\Gamma$-convergence. Our estimate is in agreement with those obtained, in different frameworks, by Irago and Viaño, [8], and by Monneau, Murat, and Sili, [11].

We limit ourselves to the case of homogeneous and isotropic bodies to keep notation and proofs as simple as possible, even if the same proof holds for more general symmetries of the body. Moreover, since the problem is linear it could be studied by using the weak form of the problem following mainly the same ideas used in our $\Gamma$-convergence proof.

Unless otherwise stated, we use the Einstein summation convention and
we index vector and tensor components as follows: Greek indices $\alpha, \beta$ take values in the set $\{1,2\}$ and Latin indices $i, j$ in the set $\{1,2,3\}$. Convergence in the norm will be denoted by $\rightarrow$ while weak convergence will be denoted by $\rightarrow$. With a little, but harmless, abuse of notation, we shall call "sequences" families with index a continuous parameter $\varepsilon$ which, throughout the paper, will be assumed to belong to the interval $(0,1]$.

## 2 The 3-dimensional problem

Let $\omega=\omega_{0} \backslash \cup_{i=1}^{I} \overline{\omega_{i}} \subset \mathbb{R}^{2}$, where $\omega_{j}$, for $j=0,1, \ldots, I$, are open, bounded, simply-connected sets with Lipschitz boundaries $\gamma_{j}:=\partial \omega_{j}$. Moreover, we assume that $\overline{\omega_{i}} \subset \omega_{0}$, and $\overline{\omega_{i}} \cap \overline{\omega_{k}}=\varnothing$ for $i, k=1, \ldots, I$, with $i \neq k$. Thus $\omega$ is a bounded, open, connected, possibly multi-connected set with a Lipschitz boundary, see Fig. 1. We assume that the coordinate axes are such that

$$
\begin{equation*}
\int_{\omega} x_{1} d x_{1} d x_{2}=\int_{\omega} x_{2} d x_{1} d x_{2}=\int_{\omega} x_{1} x_{2} d x_{1} d x_{2}=0 \tag{1}
\end{equation*}
$$



Fig. 1. The cross-section of the beam with $I=4$.
For $\varepsilon \in(0,1]$, let $\omega_{\varepsilon}:=\varepsilon \omega$, and for $\ell>0$, let $\Omega_{\varepsilon}:=\omega_{\varepsilon} \times(0, \ell) \subset \mathbb{R}^{3}$.
Henceforth, we shall refer to $\Omega_{\varepsilon}$ as the reference configuration occupied by a homogeneous, isotropic, linearly elastic body. We assume the body to
be subject to body forces $b^{\varepsilon} \in L^{2}\left(\Omega_{\varepsilon} ; \mathbb{R}^{3}\right)$ and to have null displacement on $\omega_{\varepsilon} \times\left\{x_{3}=0\right\}$. Then, the displacement may be computed by minimizing the energy functional

$$
\mathcal{F}_{\varepsilon}(\tilde{u}):=\frac{1}{2} \int_{\Omega_{\varepsilon}} \mathbb{C} E \tilde{u} \cdot E \tilde{u} d x-\int_{\Omega_{\varepsilon}} b^{\varepsilon} \cdot \tilde{u} d x
$$

among all displacements $\tilde{u} \in H_{d n}^{1}\left(\Omega_{\varepsilon} ; \mathbb{R}^{3}\right)$, where

$$
H_{d n}^{1}\left(\Omega_{\varepsilon} ; \mathbb{R}^{n}\right):=\left\{\tilde{v} \in H^{1}\left(\Omega_{\varepsilon} ; \mathbb{R}^{n}\right): \tilde{v}=0 \text { on } \omega_{\varepsilon} \times\left\{x_{3}=0\right\}\right\}
$$

Above, $E \tilde{u}$ denotes the strain of the displacement $\tilde{u}$, i.e.,

$$
E \tilde{u}(x):=\frac{D \tilde{u}(x)+D \tilde{u}^{\top}(x)}{2},
$$

and $\mathbb{C}$ is the elasticity tensor, which in terms of the Lame's parameters may be written as

$$
\mathbb{C} A=2 \mu A+\lambda(\operatorname{tr} A) I,
$$

for every symmetric matrix $A$, where $I$ denotes the identity matrix and $\operatorname{tr} A$ denotes the trace of $A$. We assume $\mu>0$ and $\lambda \geq 0$ so to have, for every symmetric tensor $A$,

$$
\begin{equation*}
\mathbb{C} A \cdot A \geq \mu|A|^{2} \tag{2}
\end{equation*}
$$

As customary in dimension reduction problems we pass to a domain independent of $\varepsilon$. Let $\Omega:=\Omega_{1}$ and let $p_{\varepsilon}: \Omega \rightarrow \Omega_{\varepsilon}$ be defined by $p_{\varepsilon}(x)=$ $p_{\varepsilon}\left(x_{1}, x_{2}, x_{3}\right)=\left(\varepsilon x_{1}, \varepsilon x_{2}, x_{3}\right)$. Following Ciarlet and Destuynder [2], we also change the name of the unknowns by setting

$$
\left(u_{1}, u_{2}, u_{3}\right):=\left(\varepsilon \tilde{u}_{1}, \varepsilon \tilde{u}_{2}, \tilde{u}_{3}\right) \circ p_{\varepsilon}: \Omega \rightarrow \mathbb{R}^{3} .
$$

We then have

$$
D \tilde{u} \circ p_{\varepsilon}=\left(\begin{array}{cc}
\frac{1}{\varepsilon^{2}} D_{\alpha} u_{\beta} & \frac{1}{\varepsilon} D_{3} u_{\beta} \\
\frac{1}{\varepsilon} D_{\alpha} u_{3} & D_{3} u_{3}
\end{array}\right)=: H^{\varepsilon} u
$$

where $D_{i}$ denotes the partial derivatives with respect to $x_{i}$. We shall denote by

$$
E^{\varepsilon} u:=\frac{H^{\varepsilon} u+H^{\varepsilon} u^{\top}}{2}, \quad W^{\varepsilon} u:=\frac{H^{\varepsilon} u-H^{\varepsilon} u^{\top}}{2}
$$

the symmetric and the skew-symmetric part of $H^{\varepsilon} u$.
We consider loads of the form

$$
\begin{gathered}
b_{1}^{\varepsilon} \circ p_{\varepsilon}(x)=\varepsilon b_{1}(x)-\frac{m\left(x_{3}\right)}{I_{0}} x_{2}, \quad b_{2}^{\varepsilon} \circ p_{\varepsilon}(x)=\varepsilon b_{2}(x)+\frac{m\left(x_{3}\right)}{I_{0}} x_{1}, \\
b_{3}^{\varepsilon} \circ p_{\varepsilon}(x)=b_{3}(x),
\end{gathered}
$$

with $b \in L^{2}\left(\Omega ; \mathbb{R}^{3}\right), m \in L^{2}(0, \ell)$, and where $I_{0}:=\int_{\omega}\left(x_{1}^{2}+x_{2}^{2}\right) d x_{1} d x_{2}$ denotes the polar moment of inertia of the section $\omega$. With this notation the energy rewrites as

$$
\begin{aligned}
F_{\varepsilon}(u) & :=\frac{1}{\varepsilon^{2}} \mathcal{F}_{\varepsilon}\left(\left(\frac{u_{1}}{\varepsilon}, \frac{u_{2}}{\varepsilon}, u_{3}\right) \circ p_{\varepsilon}^{-1}\right) \\
& =I_{\varepsilon}(u)-\int_{\Omega} b \cdot u d x-\int_{0}^{\ell} m \vartheta^{\varepsilon}(u) d x_{3}
\end{aligned}
$$

where

$$
\begin{equation*}
I_{\varepsilon}(u):=\frac{1}{2} \int_{\Omega} \mathbb{C} E^{\varepsilon} u \cdot E^{\varepsilon} u d x \tag{3}
\end{equation*}
$$

and

$$
\begin{equation*}
\vartheta^{\varepsilon}(u)\left(x_{3}\right):=\frac{1}{\varepsilon} \frac{1}{I_{0}} \int_{\omega}\left(x_{1} u_{2}\left(x_{1}, x_{2}, u_{3}\right)-x_{2} u_{1}\left(x_{1}, x_{2}, x_{3}\right)\right) d x_{1} d x_{2} . \tag{4}
\end{equation*}
$$

The energy $F_{\varepsilon}$ should be minimized over $H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right):=H_{d n}^{1}\left(\Omega_{1} ; \mathbb{R}^{3}\right)$.

## 3 Convergence of displacements

Throughout the section we consider a sequence $\left\{u^{\varepsilon}\right\} \subset H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right)$ such that

$$
\begin{equation*}
\sup _{\varepsilon \in(0,1]}\left\|E^{\varepsilon} u^{\varepsilon}\right\|_{L^{2}(\Omega)}<+\infty \tag{5}
\end{equation*}
$$

Up to a subsequence, still denoted by $\varepsilon$, there exists an $E \in L^{2}\left(\Omega ; \mathbb{R}^{3 \times 3}\right)$ such that

$$
E^{\varepsilon} u^{\varepsilon} \rightharpoonup E \text { in } L^{2}\left(\Omega ; \mathbb{R}^{3 \times 3}\right) .
$$

We start by studying the convergence of the displacements.

Theorem 3.1 There exist a subsequence of $\left\{u^{\varepsilon}\right\}$, not relabeled, and a function

$$
u^{0} \in H_{B N}\left(\Omega ; \mathbb{R}^{3}\right):=\left\{v \in H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right):(E v)_{i \alpha}=0, i=1,2,3, \alpha=1,2\right\}
$$

such that

$$
\begin{equation*}
u^{\varepsilon} \rightharpoonup u^{0} \text { in } H^{1}\left(\Omega ; \mathbb{R}^{3}\right) \tag{6}
\end{equation*}
$$

Moreover

$$
E_{33}=D_{3} u_{3}^{0}
$$

Proof. Since $\left|E^{\varepsilon} u^{\varepsilon}\right| \geq\left|E u^{\varepsilon}\right|$ it follows, from (5), that $E u^{\varepsilon}$ is uniformly bounded in $L^{2}\left(\Omega ; \mathbb{R}^{3 \times 3}\right)$ and, by Korn's inequality, that $u^{\varepsilon}$ is uniformly bounded in $H^{1}\left(\Omega ; \mathbb{R}^{3}\right)$. Hence, there exist a $u^{0} \in H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right)$ and a subsequence such that $u^{\varepsilon} \rightharpoonup u^{0}$ in $H^{1}\left(\Omega ; \mathbb{R}^{3}\right)$. From the definition of $E^{\varepsilon}$ we have that $\left|\left(E^{\varepsilon} u^{\varepsilon}\right)_{i \alpha}\right| \geq \frac{1}{\varepsilon}\left|\left(E u^{\varepsilon}\right)_{i \alpha}\right|$, thus, using (5) we deduce that $C \varepsilon \geq$ $\left\|\left(E u^{\varepsilon}\right)_{i \alpha}\right\|_{L^{2}(\Omega)}$ and consequently $\left(E u^{0}\right)_{i \alpha}=0$. Hence $u^{0} \in H_{B N}\left(\Omega ; \mathbb{R}^{3}\right)$. The last part of the statement follows by noticing that $\left(E^{\varepsilon} u^{\varepsilon}\right)_{33}=D_{3} u_{3}^{\varepsilon}$.

The set $H_{B N}\left(\Omega ; \mathbb{R}^{3}\right)$ is the space of Bernoulli-Navier displacements on $\Omega$, and it can be characterized also as (see, for instance, Le Dret [9])

$$
\begin{align*}
H_{B N}\left(\Omega ; \mathbb{R}^{3}\right)= & \left\{v \in H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right): \exists \xi_{\alpha} \in H_{d n}^{2}(0, \ell), \exists \xi_{3} \in H_{d n}^{1}(0, \ell)\right. \\
& \text { such that } \left.v_{\alpha}(x)=\xi_{\alpha}\left(x_{3}\right), v_{3}(x)=\xi_{3}\left(x_{3}\right)-x_{\alpha} \xi_{\alpha}^{\prime}\left(x_{3}\right)\right\} . \tag{7}
\end{align*}
$$

The characterization of the twist of the cross section will be much more involved. We start by stating a Korn's type inequality.

Theorem 3.2 There exists a constant $C_{K}>0$ such that

$$
\begin{equation*}
\int_{\Omega}\left|\varepsilon H^{\varepsilon} v\right|^{2} d x \leq C_{K} \int_{\Omega}\left|E^{\varepsilon} v\right|^{2} d x \tag{8}
\end{equation*}
$$

for every $v \in H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right)$ and every $0<\varepsilon \leq 1$.
Proof. This follows immediately by a result of Anzellotti et al. [1]. Indeed these authors have proved that there exists a constant $C_{K}>0$ such that

$$
\begin{equation*}
\int_{\Omega_{\varepsilon}}|D \tilde{v}|^{2} d x \leq \frac{C_{K}}{\varepsilon^{2}} \int_{\Omega_{\varepsilon}}|E \tilde{v}|^{2} d x \tag{9}
\end{equation*}
$$

for every $\tilde{v} \in H_{d n}^{1}\left(\Omega_{\varepsilon} ; \mathbb{R}^{3}\right)$ and every $0<\varepsilon \leq 1$. Rescaling this inequality to $\Omega$ we deduce the claim.

In the next Lemma we characterize the limit of the sequence $\left\{\varepsilon H^{\varepsilon} u^{\varepsilon}\right\}$ and, in doing so, we introduce the twist angle, $\vartheta$, of the cross-section.

Lemma 3.1 Let $u^{0}$ be as in Theorem 3.1. There exist a subsequence of $\left\{u^{\varepsilon}\right\}$, not relabeled, and a function $\vartheta \in L^{2}(\Omega)$ such that

$$
\varepsilon H^{\varepsilon} u^{\varepsilon} \rightharpoonup\left(\begin{array}{ccc}
0 & -\vartheta & D_{3} u_{1}^{0}  \tag{10}\\
\vartheta & 0 & D_{3} u_{2}^{0} \\
-D_{3} u_{1}^{0} & -D_{3} u_{2}^{0} & 0
\end{array}\right) \text { in } L^{2}\left(\Omega ; \mathbb{R}^{3 \times 3}\right) .
$$

Proof. From (5) and Theorem 3.2 we deduce that the sequence $\varepsilon H^{\varepsilon} u^{\varepsilon}$ is bounded in $L^{2}\left(\Omega ; \mathbb{R}^{3 \times 3}\right)$ so that, up to subsequences, it weakly converges in $L^{2}\left(\Omega ; \mathbb{R}^{3 \times 3}\right)$ to a matrix $H \in L^{2}\left(\Omega ; \mathbb{R}^{3 \times 3}\right)$. Since, from (5), $\varepsilon E^{\varepsilon} u^{\varepsilon} \rightarrow 0$ in $L^{2}\left(\Omega ; \mathbb{R}^{3 \times 3}\right)$, we have $\varepsilon W^{\varepsilon} u^{\varepsilon} \rightharpoonup H$ in $L^{2}\left(\Omega ; \mathbb{R}^{3 \times 3}\right)$. In particular, $H$ is, almost everywhere, a skew-symmetric matrix. Since $\varepsilon\left(H^{\varepsilon} u^{\varepsilon}\right)_{\alpha 3}=D_{3} u_{\alpha}^{\varepsilon}$, we deduce that $(H)_{\alpha 3}=D_{3} u_{\alpha}^{0}$. We conclude the proof by denoting $(H)_{12}:=-\vartheta$.

The next lemma shows that $\vartheta$ is a function of $x_{3}$ only that is more regular than a square integrable function. Hereafter we denote by

$$
x^{\mathrm{R}}:=\left(-x_{2}, x_{1}\right) .
$$

Lemma 3.2 With the notation introduced in (4) and in Lemma 3.1, we have that $\vartheta$ does not depend on $x_{1}$ and $x_{2}$, and

1. $\exists C>0:\left\|\vartheta^{\varepsilon}\left(u^{\varepsilon}\right)\right\|_{L^{2}(0, \ell)} \leq C\left\|E^{\varepsilon} u^{\varepsilon}\right\|_{L^{2}(\Omega)} \quad \forall \varepsilon \in(0,1] ;$
2. $\vartheta^{\varepsilon}\left(u^{\varepsilon}\right) \rightharpoonup \vartheta$ in $L^{2}(0, \ell)$;
3. $\vartheta \in H_{d n}^{1}(0, \ell):=\left\{\psi \in H^{1}(0, \ell): \psi(0)=0\right\}$.

Proof. From Theorem 3.1 and the definition of $H^{\varepsilon}\left(u^{\varepsilon}\right)$ we have that

$$
\frac{1}{\varepsilon}\left(D_{\alpha} u_{\beta}^{\varepsilon}\right) \rightharpoonup\left(\begin{array}{cc}
0 & -\vartheta  \tag{11}\\
\vartheta & 0
\end{array}\right) \text { in } L^{2}\left(\Omega ; \mathbb{R}^{2 \times 2}\right) .
$$

Set

$$
\begin{equation*}
w_{\beta}^{\varepsilon}\left(x_{3}\right):=\frac{u_{\beta}^{\varepsilon}}{\varepsilon}\left(\cdot, \cdot, x_{3}\right)-\frac{1}{|\omega|} \int_{\omega} \frac{u_{\beta}^{\varepsilon}}{\varepsilon}\left(x_{1}, x_{2}, x_{3}\right) d x_{1} d x_{2} \tag{12}
\end{equation*}
$$

By Poincare's inequality and Lemma 3.2, we have

$$
\begin{equation*}
\left\|w^{\varepsilon}\right\|_{L^{2}\left(0, \ell ; L^{2}(\omega)\right)}^{2} \leq \sum_{\alpha, \beta=1}^{2}\left\|\frac{1}{\varepsilon} D_{\alpha} u_{\beta}^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2} \leq C\left\|\varepsilon H^{\varepsilon} u^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2} \leq C\left\|E^{\varepsilon} u^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2}, \tag{13}
\end{equation*}
$$

and hence $w_{\beta}^{\varepsilon}$ is a bounded sequence in $L^{2}\left(0, \ell ; H^{1}(\omega)\right)$. Thus up to a subsequence, not relabeled, we have that

$$
\begin{equation*}
w_{\beta}^{\varepsilon} \rightharpoonup w_{\beta} \text { in } L^{2}\left(0, \ell ; H^{1}(\omega)\right), \tag{14}
\end{equation*}
$$

for some $w_{\beta} \in L^{2}\left(0, \ell ; H^{1}(\omega)\right)$. Since $D_{\alpha} w_{\beta}^{\varepsilon}=1 / \varepsilon D_{\alpha} u_{\beta}^{\varepsilon}$ we have, by (11), that

$$
\left(D_{\alpha} w_{\beta}\right)=\left(\begin{array}{ll}
D_{1} w_{1} & D_{2} w_{1} \\
D_{1} w_{2} & D_{2} w_{2}
\end{array}\right)=\left(\begin{array}{cc}
0 & -\vartheta \\
\vartheta & 0
\end{array}\right) .
$$

From two of these equations we deduce that $w_{1}$, respectively $w_{2}$, does not depend on $x_{1}$, respectively on $x_{2}$, and from the remaining two equations we find that $\vartheta=\vartheta\left(x_{3}\right)$. Also, by integration, we find

$$
\begin{equation*}
w\left(x_{3}\right)\left(x_{1}, x_{2}\right)=a\left(x_{3}\right)+x^{\mathrm{R}} \vartheta\left(x_{3}\right), \tag{15}
\end{equation*}
$$

where we denoted by $w=\left(w_{1}, w_{2}\right)$, and where $a \in L^{2}(0, \ell)$.
Since the axes have origin in the center of mass, see (1), we may rewrite $\vartheta^{\varepsilon}\left(u^{\varepsilon}\right)$, see (4), as

$$
\vartheta^{\varepsilon}\left(u^{\varepsilon}\right)=\frac{1}{\varepsilon} \frac{1}{I_{0}} \int_{\omega}\left(x_{1} u_{2}^{\varepsilon}-x_{2} u_{1}^{\varepsilon}\right) d x_{1} d x_{2}=\frac{1}{I_{0}} \int_{\omega} x^{\mathrm{R}} \cdot w^{\varepsilon} d x_{1} d x_{2},
$$

and

$$
\vartheta=\frac{1}{I_{0}} \int_{\omega} x^{\mathrm{R}} \cdot x^{\mathrm{R}} \vartheta d x_{1} d x_{2}=\frac{1}{I_{0}} \int_{\omega} x^{\mathrm{R}} \cdot w d x_{1} d x_{2} .
$$

Thus, from (13) we deduce item 1., and from (14) we deduce item 2. of the Lemma.

We now prove item 3. Let $\psi \in C_{0}^{\infty}(\omega)$ be such that

$$
\int_{\omega} \psi d x_{1} d x_{2}=\frac{I_{0}}{2}
$$

and set

$$
\tilde{\vartheta}^{\varepsilon}:=\frac{1}{I_{0}} \int_{\omega} \operatorname{curl} \psi \cdot w^{\varepsilon} d x_{1} d x_{2},
$$

where

$$
\operatorname{curl} \psi:=\left(D_{2} \psi,-D_{1} \psi\right) .
$$

Then, from (11) we deduce that

$$
\tilde{\vartheta}^{\varepsilon} \rightharpoonup \frac{1}{I_{0}} \int_{\omega} \operatorname{curl} \psi \cdot w d x_{1} d x_{2} \text { in } L^{2}(0, \ell) .
$$

But

$$
\begin{aligned}
\int_{\omega} \operatorname{curl} \psi \cdot w d x_{1} d x_{2} & =a \int_{\omega} \operatorname{curl} \psi d x_{1} d x_{2}+\vartheta \int_{\omega} \operatorname{curl} \psi \cdot x^{\mathrm{R}} d x_{1} d x_{2} \\
& =-\vartheta \int_{\omega} D_{\beta} \psi x_{\beta} d x_{1} d x_{2}=\vartheta \int_{\omega} \psi D_{\beta} x_{\beta} d x_{1} d x_{2} \\
& =2 \vartheta \int_{\omega} \psi d x_{1} d x_{2}=\vartheta
\end{aligned}
$$

Thus $\tilde{\vartheta}^{\varepsilon} \rightharpoonup \vartheta$ in $L^{2}(0, \ell)$. Since
$\int_{\omega} \operatorname{curl} \psi \cdot\left(D_{1} u_{3}^{\varepsilon}, D_{2} u_{3}^{\varepsilon}\right) d x_{1} d x_{2}=\int_{\partial \omega} u_{3}^{\varepsilon} \operatorname{curl} \psi \cdot n d s-\int_{\omega} u_{3}^{\varepsilon} \operatorname{div} \operatorname{curl} \psi d x_{1} d x_{2}=0$,
we have that

$$
\begin{aligned}
D_{3} \tilde{\vartheta}^{\varepsilon} & =\frac{1}{I_{0}} \int_{\omega} \operatorname{curl} \psi \cdot D_{3} w^{\varepsilon} d x_{1} d x_{2} \\
& =\frac{1}{I_{0}} \int_{\omega} \operatorname{curl} \psi \cdot\left(\frac{D_{3}\left(u_{1}^{\varepsilon}, u_{2}^{\varepsilon}\right)}{\varepsilon}-\frac{1}{|\omega|} \int_{\omega} \frac{D_{3}\left(u_{1}^{\varepsilon}, u_{2}^{\varepsilon}\right)}{\varepsilon} d x_{1} d x_{2}\right) d x_{1} d x_{2} \\
& =\frac{1}{I_{0}} \int_{\omega} \operatorname{curl} \psi \cdot \frac{D_{3}\left(u_{1}^{\varepsilon}, u_{2}^{\varepsilon}\right)}{\varepsilon} d x_{1} d x_{2} \\
& =\frac{1}{I_{0}} \int_{\omega} \operatorname{curl} \psi \cdot\left(\frac{D_{3}\left(u_{1}^{\varepsilon}, u_{2}^{\varepsilon}\right)}{\varepsilon}+\frac{\left(D_{1} u_{3}^{\varepsilon}, D_{2} u_{3}^{\varepsilon}\right)}{\varepsilon}\right) d x_{1} d x_{2} \\
& =\frac{2}{I_{0}} \int_{\omega}(\operatorname{curl} \psi)_{\alpha}\left(E^{\varepsilon} u^{\varepsilon}\right)_{\alpha 3} d x_{1} d x_{2}
\end{aligned}
$$

and hence $\tilde{\vartheta}^{\varepsilon}$ is bounded in $H^{1}(0, \ell)$. Thus $\tilde{\vartheta}^{\varepsilon} \in H_{d n}^{1}(0, \ell)$ and $\tilde{\vartheta}^{\varepsilon} \rightharpoonup \vartheta$ in $H^{1}(0, \ell)$. This convergence implies item 3. of the Lemma.

We now establish the relation between the twist angle $\vartheta$ and the limit strain $E$.

Theorem 3.3 There exists a function $\left.z \in H^{-1}\left(0, \ell ; L^{2}(\omega)\right) \subset \mathcal{D}^{\prime}(0 . \ell) ; L^{2}(\omega)\right)$ such that

$$
D_{\alpha} z=2 E_{\alpha 3}-\left(x^{R}\right)_{\alpha} D_{3} \vartheta \text { for } \alpha=1,2,
$$

and $\langle z, \varphi\rangle$ has null average on $\omega$ for every $\varphi \in \mathcal{D}(0, \ell)$.
Proof. Throughout the proof we shall denote the average on $\omega$ by

$$
[\cdot]:=\frac{1}{|\omega|} \int_{\omega} \cdot d x_{1} d x_{2}
$$

and we shall use the notation and some of the results contained in the proof of Lemma 3.2. With the notation of the average just introduced we can rewrite, see (12), $w_{\beta}^{\varepsilon}=u_{\beta}^{\varepsilon} / \varepsilon-\left[u_{\beta}^{\varepsilon} / \varepsilon\right]$. Define

$$
p^{\varepsilon}:=\frac{1}{\varepsilon}\left(u_{3}^{\varepsilon}-\left[u_{3}^{\varepsilon}\right]+D_{3}\left[u_{\beta}^{\varepsilon}\right] x_{\beta}\right),
$$

and note that

$$
\begin{equation*}
D_{\alpha} p^{\varepsilon}=2\left(E^{\varepsilon} u^{\varepsilon}\right)_{\alpha 3}-D_{3} w_{\alpha}^{\varepsilon} \text {. } \tag{16}
\end{equation*}
$$

Let $\psi \in C^{\infty}(0, \ell)$ be such that $0 \leq \psi \leq 1, \psi=0$ on $(0, \ell / 3)$, and $\psi=1$ on $(2 \ell / 3, \ell)$, and let

$$
p_{\psi}^{\varepsilon}\left(x_{1}, x_{2}, x_{3}\right):=\int_{0}^{x_{3}} p^{\varepsilon}\left(x_{1}, x_{2}, s\right) \psi(s) d s
$$

Since

$$
\begin{aligned}
D_{\alpha} p_{\psi}^{\varepsilon}\left(x_{1}, x_{2}, x_{3}\right)= & \int_{0}^{x_{3}} D_{\alpha} p^{\varepsilon}\left(x_{1}, x_{2}, s\right) \psi(s) d s=-w_{\alpha}^{\varepsilon}\left(x_{1}, x_{2}, x_{3}\right) \psi\left(x_{3}\right) \\
& +\int_{0}^{x_{3}} 2\left(E^{\varepsilon} u^{\varepsilon}\right)_{\alpha 3}\left(x_{1}, x_{2}, s\right) \psi(s)+w_{\alpha}^{\varepsilon}\left(x_{1}, x_{2}, s\right) D_{3} \psi(s) d s
\end{aligned}
$$

we have that

$$
\left\|D_{\alpha} p_{\psi}^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2} \leq C_{\psi}\left(\left\|w_{\alpha}^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2}+\left\|\left(E^{\varepsilon} u^{\varepsilon}\right)_{\alpha 3}\right\|_{L^{2}(\Omega)}^{2}\right)
$$

and so, by (14) and (5), $\left(D_{\alpha} p_{\psi}^{\varepsilon}\right)$ is a bounded sequence in $L^{2}\left(\Omega ; \mathbb{R}^{2}\right)$. Since $\left[p_{\psi}^{\varepsilon}\right]=0$, from Poincare's inequality we find that

$$
\left\|p_{\psi}^{\varepsilon}\right\|_{L^{2}(\omega)}^{2} \leq C \sum_{\alpha=1}^{2}\left\|D_{\alpha} p_{\psi}^{\varepsilon}\right\|_{L^{2}(\omega)}^{2}
$$

and therefore $\left(p_{\psi}^{\varepsilon}\right)$ is a bounded sequence in $L^{2}\left(0, \ell ; H^{1}(\omega)\right)$. From the definition of $p_{\psi}^{\varepsilon}$ it follows that

$$
\psi p^{\varepsilon}=D_{3} p_{\psi}^{\varepsilon}
$$

and hence

$$
\begin{aligned}
\left\|\psi p^{\varepsilon}\right\|_{H^{-1}\left(0, \ell ; L^{2}(\omega)\right)} & =\left\|D_{3} p_{\psi}^{\varepsilon}\right\|_{H^{-1}\left(0, \ell ; L^{2}(\omega)\right)} \\
& =\sup _{\eta \in H_{0}^{1}\left(0, \ell ; L^{2}(\omega)\right)} \frac{\int_{\Omega} p_{\psi}^{\varepsilon} D_{3} \eta d x}{\|\eta\|_{H_{0}^{1}\left(0, \ell ; L^{2}(\omega)\right)}} \leq\left\|p_{\psi}^{\varepsilon}\right\|_{L^{2}\left(0, \ell ; L^{2}(\omega)\right)}
\end{aligned}
$$

Thus $\left(\psi p^{\varepsilon}\right)$ is a bounded sequence in $H^{-1}\left(0, \ell ; L^{2}(\omega)\right)$. Similarly we can show, by substituting in the previous argument $1-\psi$ to $\psi$, that $\left((1-\psi) p^{\varepsilon}\right)$ is a bounded sequence in $H^{-1}\left(0, \ell ; L^{2}(\omega)\right)$. Thus $p^{\varepsilon}=\psi p^{\varepsilon}+(1-\psi) p^{\varepsilon}$ is a bounded sequence in $H^{-1}\left(0, \ell ; L^{2}(\omega)\right)$ and hence there exists $p \in H^{-1}\left(0, \ell ; L^{2}(\omega)\right)$ such that, up to a subsequence,

$$
p^{\varepsilon} \rightharpoonup p \text { in } H^{-1}\left(0, \ell ; L^{2}(\omega)\right)
$$

Since $\left[p_{\psi}^{\varepsilon}\right]=0$, then $[\langle p, \varphi\rangle]=0$ for every $\varphi \in H_{0}^{1}(0 ; \ell)$.
Letting $\varepsilon$ go to zero in (16) we find

$$
D_{\alpha} p=2 E_{\alpha 3}-D_{3} w_{\alpha}=2 E_{\alpha 3}-D_{3}\left(a+x^{\mathrm{R}} \vartheta\right)_{\alpha},
$$

where we have used (15). Keeping in mind that $a=a\left(x_{3}\right)$, we finally find

$$
D_{\alpha}\left(p-x_{\beta} D_{3} a_{\beta}\right)=2 E_{\alpha 3}-\left(x^{\mathrm{R}}\right)_{\alpha} D_{3} \vartheta
$$

and the theorem is proven with $z=p-x_{\beta} D_{3} a_{\beta}$.

## REMARKS.

1. For $\omega$ simply connected Theorem 3.3 can be proven in a much simpler way. We briefly outline the proof. Indeed, since

$$
D_{3}\left(\varepsilon W^{\varepsilon} u^{\varepsilon}\right)_{12}=D_{2}\left(E^{\varepsilon} u^{\varepsilon}\right)_{13}-D_{1}\left(E^{\varepsilon} u^{\varepsilon}\right)_{23}
$$

in the sense of distributions, recalling Lemma 3.1 and passing to the limit, we find

$$
-D_{3} \vartheta=D_{2} E_{13}-D_{1} E_{23} .
$$

The above identity can be equivalently written as

$$
D_{1}\left(2 E_{23}-x_{1} D_{3} \vartheta\right)-D_{2}\left(2 E_{13}+x_{2} D_{3} \vartheta\right)=0
$$

that is: the vector field with components $2 E_{\alpha 3}-\left(x^{\mathrm{R}}\right)_{\alpha} D_{3} \vartheta$ has curl equal to zero. Thus, for $\omega$ simply connected, see for instance Girault and Raviart [7], this implies the existence of a field $z$ whose (bidimensional) gradient is the vector field $\left(2 E_{\alpha 3}-\left(x^{\mathrm{R}}\right)_{\alpha} D_{3} \vartheta\right)$.
2. Since $E \in L^{2}\left(\Omega ; \mathbb{R}^{3 \times 3}\right)$ and $\vartheta \in H^{1}(0, \ell)$, from Theorem 3.3 we have that $z \in H^{-1}\left(0, \ell ; H^{1}(\omega)\right)$ and not just in $H^{-1}\left(0, \ell ; L^{2}(\omega)\right)$. Hereafter we shall denote by $H^{-1}\left(0, \ell ; H_{m}^{1}(\omega)\right)$ the set of functions $z \in$ $H^{-1}\left(0, \ell ; H^{1}(\omega)\right)$ such that $\langle z, \varphi\rangle$ has null average on $\omega$ for every $\varphi \in$ $C_{0}^{\infty}(0, \ell)$.

## 4 The limit energy

To state our main theorem we need to introduce some notation. The energy density for an isotropic material is

$$
f(A)=\frac{1}{2} \mathbb{C} A \cdot A=\mu|A|^{2}+\frac{\lambda}{2}|\operatorname{tr} A|^{2}
$$

where $\lambda$ and $\mu$ are the Lame's parameters, and $\mathbb{C}$ is the elasticity tensor which satisfies (2). The limit energy shall be defined by means of

$$
f_{0}\left(\alpha_{1}, \alpha_{2}, \alpha_{3}\right):=\min \left\{f(A): A \in \operatorname{Sym}, A_{i 3}=\alpha_{i}, \text { for } i=1,2,3\right\}
$$

that is

$$
\begin{equation*}
f_{0}\left(\alpha_{1}, \alpha_{2}, \alpha_{3}\right)=2 \mu\left(\alpha_{1}^{2}+\alpha_{2}^{2}\right)+\frac{E}{2} \alpha_{3}^{2} \tag{17}
\end{equation*}
$$

where $E=\mu(2 \mu+3 \lambda) /(\mu+\lambda)$ is the Young modulus. The next lemma, which involves part of the energy density $f_{0}$ and the characterization of $E_{13}$ and $E_{23}$ given in Theorem 3.3, will be useful to deduce the limit energy.

## Lemma 4.1

$$
\begin{aligned}
& \inf \left\{2 \mu \int_{\Omega} E_{13}^{2}+E_{23}^{2} d x: \exists z \in H^{-1}\left(0, \ell ; H_{m}^{1}(\omega)\right)\right. \text { s.t. } \\
& \left.\qquad D_{\alpha} z=2 E_{\alpha 3}-\left(x^{R}\right)_{\alpha} D_{3} \vartheta \text { for } \alpha=1,2\right\} \\
& =\frac{\mu}{2} \int_{\omega}\left|D \varphi+x^{R}\right|^{2} d x_{1} d x_{2} \int_{0}^{\ell} D_{3} \vartheta^{2} d x_{3},
\end{aligned}
$$

where $\varphi$ is the torsion function, i.e.,

$$
\begin{cases}\triangle \varphi=0 & \text { in } \omega,  \tag{18}\\ D \varphi \cdot n=-x^{R} \cdot n & \text { on } \partial \omega, \\ \int_{\omega} \varphi d x_{1} d x_{2}=0 . & \end{cases}
$$

Proof. Troughout the proof, $D$ shall denote the bidimensional gradient. The infimum stated in the Lemma is equal to

$$
\begin{equation*}
\min _{z \in H^{-1}\left(0, \ell ; H_{m}^{1}(\omega)\right)} \frac{\mu}{2} \int_{\Omega}|D z|^{2}+2 D z \cdot x^{\mathrm{R}} D_{3} \vartheta+\left|x^{\mathrm{R}} D_{3} \vartheta\right|^{2} d x \tag{19}
\end{equation*}
$$

where the minimum is actually achieved for $z=\hat{\varphi} \in L^{2}\left(0, \ell ; H_{m}^{1}(\omega)\right)$, as follows by an application of the direct method of the calculus of variations. Thus, $\hat{\varphi}\left(x_{3}\right) \in H_{m}^{1}(\omega)$ satisfies, for almost every $x_{3} \in(0, \ell)$, the following problem

$$
\left\{\begin{array}{l}
\triangle \hat{\varphi}\left(x_{3}\right)=0 \text { in } \omega, \\
D \hat{\varphi}\left(x_{3}\right) \cdot n=-x^{\mathrm{R}} \cdot n D_{3} \vartheta\left(x_{3}\right) \text { on } \partial \omega,
\end{array}\right.
$$

where $n$ is the outer normal to $\partial \omega$. Thus

$$
\hat{\varphi}=\varphi D_{3} \vartheta
$$

where $\varphi$ is the torsion function defined in problem (18). The end of the proof is simply achieved by computing the minimum value (in $z=\varphi D_{3} \vartheta$ ) of problem (19).

The quantity

$$
\frac{\mu}{2} \int_{\omega}\left|D \varphi+x^{\mathrm{R}}\right|^{2} d x_{1} d x_{2}
$$

appearing in Lemma 4.1, is called the torsional rigidity of the beam. Usually it is not expressed in terms of the torsion function but by means of the so called Prandtl stress function that we are now going to introduce. This new function can be defined thanks to the following theorem whose proof can be found in Girault and Raviart [7].

Theorem 4.1 $A$ function $v \in L^{2}\left(\omega ; \mathbb{R}^{2}\right)$ satisfies

$$
\begin{cases}\operatorname{div} v=0 & \text { in } \omega, \\ \langle v \cdot n, 1\rangle_{H^{-1 / 2}\left(\gamma_{h}\right) \times H^{1 / 2}\left(\gamma_{h}\right)}=0 & \text { for } h=0,1, \ldots, I,\end{cases}
$$

if and only if there exists a function $g \in H^{1}(\omega)$ such that

$$
v=\operatorname{curl} g:=\left(D_{2} g,-D_{1} g\right) .
$$

The function $D \varphi+x^{\mathrm{R}}$, thanks to problem (18), satisfies the assumptions of Theorem 4.1 and therefore there exists a function $\psi \in H^{1}(\omega)$, called Prandtl stress function, such that

$$
\begin{equation*}
\operatorname{curl} \psi=D \varphi+x^{\mathrm{R}} . \tag{20}
\end{equation*}
$$

Thus, the torsional rigidity can be simply written as

$$
\begin{equation*}
\frac{\mu}{2} \int_{\omega}\left|D \varphi+x^{\mathrm{R}}\right|^{2} d x_{1} d x_{2}=\frac{\mu}{2} \int_{\omega}|\operatorname{curl} \psi|^{2} d x_{1} d x_{2}=\frac{\mu}{2} \int_{\omega}|D \psi|^{2} d x_{1} d x_{2} \tag{21}
\end{equation*}
$$

The Prandtl stress function can be computed directly without making use of the torsion function. Indeed from (20) we deduce that $\Delta \psi=-2$ in $\omega$, and

$$
\begin{equation*}
\operatorname{curl} \psi \cdot n=0 \text { on each } \gamma_{h} . \tag{22}
\end{equation*}
$$

Since $0=\operatorname{curl} \psi \cdot n=D \psi \cdot t$, where $t=\left(-n_{2}, n_{1}\right)$ denotes the tangent unit vector to $\partial \omega$, we deduce that $\psi$ is constant on each $\gamma_{h}$. Since $\psi$ is defined up to a constant we may set $\psi=0$ on $\gamma_{0}$ and $\psi=k_{h}$ for $h=1, \ldots, I$, where $k_{h}$ are constants. Also, we have

$$
0=\int_{\gamma_{h}} D \varphi \cdot t d s=\int_{\gamma_{h}}\left(\operatorname{curl} \psi-x^{\mathrm{R}}\right) \cdot t d s=\int_{\gamma_{h}}(-D \psi-x) \cdot n d s
$$

thus

$$
\int_{\gamma_{h}} D \psi \cdot n d s=-\int_{\gamma_{h}} x \cdot n d s=\int_{\omega_{h}} \operatorname{div} x d x_{1} d x_{2}=2 A_{h},
$$

where $A_{h}$ denotes the area of $\omega_{h}$ for $h=1, \ldots, I$. Therefore the Prandtl stress function satisfies

$$
\begin{cases}\triangle \psi=-2 & \text { in } \omega  \tag{23}\\ \psi=0 & \text { on } \gamma_{0}, \\ \psi=k_{h} & \text { on } \gamma_{h} \text { for } h=1, \ldots, I \\ \int_{\gamma_{h}} D \psi \cdot n d s=2 A_{h}, & \text { for } h=1, \ldots, I\end{cases}
$$

We now prove a technical lemma.
Lemma 4.2 Let $\left\{u^{\varepsilon}\right\}$ be a sequence of functions in the space $H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right)$. If $\sup _{\varepsilon} F_{\varepsilon}\left(u^{\varepsilon}\right)<+\infty$, then (5) holds for some constant $C>0$.

Proof. By assumption there exists a constant $c>0$ such that, for every $\varepsilon$ we have

$$
\begin{aligned}
c & \geq F_{\varepsilon}\left(u^{\varepsilon}\right) \geq \frac{\mu}{2}\left\|E^{\varepsilon} u^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2}-\|b\|_{L^{2}(\Omega)}\left\|u^{\varepsilon}\right\|_{L^{2}(\Omega)}-\|m\|_{L^{2}(0, \ell)}\left\|\vartheta^{\varepsilon}\left(u^{\varepsilon}\right)\right\|_{L^{2}(0, \ell)} \\
& \geq \frac{\mu}{4}\left\|E^{\varepsilon} u^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2}+\frac{\mu}{4}\left\|E u^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2}-\eta\left(\left\|u^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2}+\left\|\vartheta^{\varepsilon}\left(u^{\varepsilon}\right)\right\|_{L^{2}(0, \ell)}^{2}\right)-C_{\eta} \\
& \geq \frac{\mu}{4}\left\|E^{\varepsilon} u^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2}+\frac{\mu}{4}\left\|E u^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2}-\eta \tilde{C}\left(\left\|E u^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2}+\left\|E^{\varepsilon} u^{\varepsilon}\right\|_{L^{2}(\Omega)}^{2}\right)-C_{\eta}
\end{aligned}
$$

where in the last inequality we have used Korn's inequality and item 1. of Lemma 3.2. Since $\eta$ is arbitrary, the claim follows by taking $\eta$ small enough.

We finally state and prove our convergence result.
Theorem 4.2 Let $\psi$ be the Prandtl stress function defined above and let $F: H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right) \times H_{d n}^{1}(0, \ell) \rightarrow \mathbb{R} \cup\{+\infty\}$ be defined by

$$
\begin{equation*}
F(v, \vartheta):=\int_{\Omega} \frac{\mu}{2}\left|D \psi D_{3} \vartheta\right|^{2}+\frac{E}{2}\left|D_{3} v_{3}\right|^{2} d x-\int_{\Omega} b \cdot v d x-\int_{0}^{\ell} m \vartheta d x_{3} \tag{24}
\end{equation*}
$$

if $v \in H_{B N}\left(\Omega ; \mathbb{R}^{3}\right)$, and $+\infty$ otherwise. As $\varepsilon \rightarrow 0$, the sequence of functionals $F_{\varepsilon}$, defined in (3)-(4), $\Gamma$-converges to the functional $F$, in the following sense:

1. (liminf inequality) for every sequence of positive numbers $\varepsilon_{k}$ converging to 0 and for every sequence $\left\{u^{k}\right\} \subset H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right)$ such that

$$
u^{k} \rightharpoonup u^{0} \text { in } H^{1}\left(\Omega ; \mathbb{R}^{3}\right), \quad\left(\varepsilon_{k} W^{\varepsilon_{k}} u^{k}\right)_{12} \rightharpoonup-\vartheta \text { in } L^{2}(\Omega),
$$

we have

$$
\liminf _{k \rightarrow+\infty} F_{\varepsilon_{k}}\left(u^{k}\right) \geq F\left(u^{0}, \vartheta\right)
$$

2. (recovery sequence) for every sequence of positive numbers $\varepsilon_{k}$ converging to 0 and for every $\left(u^{0}, \vartheta\right) \in H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right) \times H_{d n}^{1}(0, \ell)$ there exists a sequence $\left\{u^{k}\right\} \subset H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right)$ such that

$$
u^{k} \rightharpoonup u^{0} \text { in } H^{1}\left(\Omega ; \mathbb{R}^{3}\right), \quad\left(\varepsilon_{k} W^{\varepsilon_{k}} u^{k}\right)_{12} \rightharpoonup-\vartheta \text { in } L^{2}(\Omega),
$$

and

$$
\limsup _{k \rightarrow+\infty} F_{\varepsilon_{k}}\left(u^{k}\right) \leq F\left(u^{0}, \vartheta\right) .
$$

Proof. Let us prove the liminf inequality. Without loss of generality we may suppose that

$$
\liminf _{k \rightarrow+\infty} F_{\varepsilon_{k}}\left(u^{k}\right)=\lim _{k \rightarrow+\infty} F_{\varepsilon_{k}}\left(u^{k}\right)<+\infty
$$

Then Lemma 4.2 applies to the sequence $F_{\varepsilon_{k}}\left(u^{k}\right)$. Hence assumption (5) is fulfilled and the results of Section 3, namely Lemma 3.2 and Theorem 3.3, hold true.

Denoting the work done by loads, $L_{\varepsilon}:=F_{\varepsilon}-I_{\varepsilon}$, where $F_{\varepsilon}$ and $I_{\varepsilon}$ are defined in Section 2, using Lemma 3.2 and the convergence assumptions on the sequence $\left\{u^{k}\right\}$, we can see that

$$
L_{\varepsilon_{k}}\left(u^{k}\right)=\int_{\Omega} b \cdot u^{k} d x+\int_{0}^{\ell} m \vartheta^{\varepsilon_{k}}\left(u^{k}\right) d x_{3} \rightarrow \int_{\Omega} b \cdot v d x+\int_{0}^{\ell} m \vartheta d x_{3} .
$$

Thus we have only to prove that

$$
\begin{equation*}
\liminf _{k \rightarrow+\infty} I_{\varepsilon_{k}}\left(u^{k}\right) \geq \int_{\Omega} \frac{\mu}{2}\left|D \psi D_{3} \vartheta\right|^{2}+\frac{E}{2}\left|D_{3} u_{3}^{0}\right|^{2} d x \tag{25}
\end{equation*}
$$

By definition of $f_{0}$ we get

$$
\begin{aligned}
\liminf _{k \rightarrow+\infty} I_{\varepsilon_{k}}\left(u^{k}\right) & =\liminf _{k \rightarrow+\infty} \int_{\Omega} f\left(E^{\varepsilon_{k}} u^{k}\right) d x \\
& \geq \liminf _{k \rightarrow+\infty} \int_{\Omega} f_{0}\left(\left(E^{\varepsilon_{k}} u^{k}\right)_{13},\left(E^{\varepsilon_{k}} u^{k}\right)_{23},\left(E^{\varepsilon_{k}} u^{k}\right)_{33}\right) d x \\
& \geq \int_{\Omega} f_{0}\left(E_{13}, E_{23}, E_{33}\right) d x \\
& =2 \mu \int_{\Omega}\left(E_{13}^{2}+E_{23}^{2}\right) d x+\frac{E}{2} \int_{\Omega}\left|E_{33}\right|^{2} d x
\end{aligned}
$$

where in the last inequality we have used the convexity of $f_{0}$, and where $E_{i 3}$ satisfy the properties stated in Theorem 3.1 and Theorem 3.3. Thus by Lemma 4.1, (21) and Theorem 3.3 we deduce (25).

Let us now find a recovery sequence. Let $F\left(u^{0}, \vartheta\right)<+\infty$, otherwise there is nothing to prove. Then $u^{0} \in H_{B N}\left(\Omega ; \mathbb{R}^{3}\right)$ and $\vartheta \in H_{d n}^{1}(0, \ell)$.

We start by assuming that $u^{0}$ and $\vartheta$ are smooth and equal to zero near by $x_{3}=0$. By (7) there exists $\xi$ smooth and equal to zero near by $x_{3}=0$ such
that $u_{\alpha}^{0}(x)=\xi_{\alpha}\left(x_{3}\right)$, and $u_{3}^{0}(x)=\xi_{3}\left(x_{3}\right)-x_{\alpha} \xi_{\alpha}^{\prime}\left(x_{3}\right)$. Let $u^{\varepsilon}$ be the sequence defined by

$$
\begin{align*}
u_{1}^{\varepsilon} & =\xi_{1}-\varepsilon x_{2} \vartheta+\varepsilon^{2} \frac{\nu}{2}\left(-x_{2}^{2} \xi_{1}^{\prime \prime}+x_{1}^{2} \xi_{1}^{\prime \prime}+2 x_{1} x_{2} \xi_{2}^{\prime \prime}-2 x_{1} \xi_{3}^{\prime}\right) \\
u_{2}^{\varepsilon} & =\xi_{2}+\varepsilon x_{1} \vartheta+\varepsilon^{2} \frac{\nu}{2}\left(-x_{1}^{2} \xi_{2}^{\prime \prime}+x_{2}^{2} \xi_{2}^{\prime \prime}+2 x_{1} x_{2} \xi_{1}^{\prime \prime}-2 x_{2} \xi_{3}^{\prime}\right)  \tag{26}\\
u_{3}^{\varepsilon} & =\xi_{3}-x_{1} \xi_{1}^{\prime}-x_{2} \xi_{2}^{\prime}+\varepsilon \varphi D_{3} \vartheta
\end{align*}
$$

where $\nu=\lambda / 2(\lambda+\mu)$ is the Poisson's coefficient, and $\varphi$ is the torsion function (with zero mean value). We have that $u^{\varepsilon}$ is equal to zero in $x_{3}=0$ and

$$
\begin{aligned}
\left(\varepsilon W^{\varepsilon} u^{\varepsilon}\right)_{12} & =-\vartheta+O(\varepsilon) \\
\vartheta^{\varepsilon}\left(u^{\varepsilon}\right) & =\vartheta+O(\varepsilon), \\
E^{\varepsilon} u^{\varepsilon} & =Z\left(u_{3}^{0}, \vartheta\right)+O(\varepsilon),
\end{aligned}
$$

uniformly, where

$$
Z\left(u_{3}^{0}, \vartheta\right):=\left(\begin{array}{ccc}
-\nu D_{3} u_{3}^{0}, & 0 & \left(D_{1} \varphi-x_{2}\right) D_{3} \vartheta / 2 \\
& -\nu D_{3} u_{3}^{0} & \left(D_{2} \varphi+x_{1}\right) D_{3} \vartheta / 2 \\
\operatorname{sym} & & D_{3} u_{3}^{0}
\end{array}\right)
$$

By (20) we also have

$$
Z\left(u_{3}^{0}, \vartheta\right)=\left(\begin{array}{ccc}
-\nu D_{3} u_{3}^{0}, & 0 & D_{2} \psi D_{3} \vartheta / 2  \tag{27}\\
& -\nu D_{3} u_{3}^{0} & -D_{1} \psi D_{3} \vartheta / 2 \\
\operatorname{sym} & & D_{3} u_{3}^{0}
\end{array}\right)
$$

and a direct computation shows that

$$
f\left(Z\left(u_{3}^{0}, \vartheta\right)\right)=f_{0}\left(\frac{1}{2} D_{2} \psi D_{3} \vartheta,-\frac{1}{2} D_{1} \psi D_{3} \vartheta, D_{3} u_{3}^{0}\right) .
$$

Therefore,

$$
\begin{aligned}
I_{\varepsilon}\left(u^{\varepsilon}\right) & =\int_{\Omega} f\left(Z\left(u_{3}^{0}, \vartheta\right)\right) d x+O(\varepsilon) \\
& =\int_{\Omega} f_{0}\left(\frac{1}{2} D_{2} \psi D_{3} \vartheta,-\frac{1}{2} D_{1} \psi D_{3} \vartheta, D_{3} u_{3}^{0}\right) d x+O(\varepsilon) \\
& =\int_{\Omega}\left(\frac{\mu}{2}\left|D \psi D_{3} \vartheta\right|^{2}+\frac{E}{2}\left|D_{3} u_{3}^{0}\right|^{2}\right) d x+O(\varepsilon) .
\end{aligned}
$$

Thus

$$
F_{\varepsilon}\left(u^{\varepsilon}\right)=F\left(u^{0}, \vartheta\right)+O(\varepsilon),
$$

which, together with the equalities above, implies that $\left\{u^{\varepsilon_{k}}\right\}$ is a recovery sequence. The proof of the general case, i.e., $u^{0} \in H_{B N}\left(\Omega ; \mathbb{R}^{3}\right)$ and $\vartheta \in H_{d n}^{1}(0, \ell)$, is achieved by approximating $u^{0}$ in $H^{1}$ by smooth functions vanishing near by $x_{3}=0$ and concluding with a standard diagonal argument.

REMARK. If $v \in H_{B N}\left(\Omega ; \mathbb{R}^{3}\right)$ then there exist $\xi_{\alpha} \in H_{d n}^{2}(0, \ell)$ and a $\xi_{3} \in$ $H_{d n}^{1}(0, \ell)$ such that $v_{\alpha}(x)=\xi_{\alpha}\left(x_{3}\right), v_{3}(x)=\xi_{3}\left(x_{3}\right)-x_{\alpha} \xi_{\alpha}^{\prime}\left(x_{3}\right)$. Then

$$
\begin{aligned}
F(v, \vartheta)= & \frac{1}{2} \int_{0}^{\ell}\left(E A \xi_{3}^{\prime^{2}}+E J_{2} \xi_{1}^{\prime \prime 2}+E J_{1} \xi_{2}^{\prime \prime 2}+\mu J_{t} \vartheta^{\prime^{2}}\right) d x_{3} \\
& -\int_{0}^{\ell}\left(f_{1} \xi_{1}+f_{2} \xi_{2}+f_{3} \xi_{3}+c_{1} \xi_{1}^{\prime}+f_{2} \xi_{2}^{\prime}+m \vartheta\right) d x_{3}
\end{aligned}
$$

where we simply denoted with a prime the derivative with respect to $x_{3}$ and where we set

$$
\begin{array}{ll}
A:=\int_{\omega} d x_{1} d x_{2}, & J_{1}:=\int_{\omega} x_{2}^{2} d x_{1} d x_{2} \\
J_{t}:=\int_{\omega}|D \psi|^{2} d x_{1} d x_{2}, & J_{2}:=\int_{\omega} x_{1}^{2} d x_{1} d x_{2}
\end{array}
$$

and

$$
f_{i}:=\int_{\omega} b_{i} d x_{1} d x_{2}, \quad c_{\alpha}:=\int_{\omega}-x_{\alpha} b_{3} d x_{1} d x_{2}
$$

## 5 Error estimate

For every $\varepsilon \in(0,1]$ let $u^{\varepsilon} \in H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right)$ be the minimizer of the threedimensional problem, i.e.,

$$
F_{\varepsilon}\left(u^{\varepsilon}\right)=\min _{v \in H_{d n}^{1}\left(\Omega ; \mathbb{R}^{3}\right)} F_{\varepsilon}(v),
$$

and let $(u, \vartheta) \in H_{B N}\left(\Omega ; \mathbb{R}^{3}\right) \times H_{d n}^{1}(0, \ell)$ be the minimizer of the limit problem, that is

$$
F(u, \vartheta)=\min _{(v, \check{\vartheta}) \in H_{B N}\left(\Omega ; \mathbb{R}^{3}\right) \times H_{d n}^{1}(0, \ell)} F(v, \check{\vartheta}) .
$$

From (7) there exist $\xi_{\alpha} \in H_{d n}^{2}(0, \ell)$ and $\xi_{3} \in H_{d n}^{1}(0, \ell)$ such that

$$
u_{\alpha}(x)=\xi_{\alpha}\left(x_{3}\right), u_{3}(x)=\xi_{3}\left(x_{3}\right)-x_{\alpha} \xi_{\alpha}^{\prime}\left(x_{3}\right) .
$$

We make the following regularity assumption on the loads

$$
\begin{equation*}
m \in L^{2}(0, \ell), b_{\alpha} \in L^{2}(\Omega), b_{3} \in H^{1}\left(0, \ell ; L^{2}(\omega)\right) \tag{H}
\end{equation*}
$$

Under this assumption, using the minimality of $(u, \vartheta)$, we obtain that $\xi_{\alpha} \in H_{d n}^{2}(0, \ell) \cap H^{4}(0, \ell), \xi_{3} \in H_{d n}^{1}(0, \ell) \cap H^{3}(0, \ell), \vartheta \in H_{d n}^{1}(0, \ell) \cap H^{2}(0, \ell)$.

To make a comparison between $u^{\varepsilon}$ and the solution $(u, \vartheta)$ of the limit problem, we consider the sequence defined in $(26)$ for $(u, \vartheta)$. In fact, in order to satisfy the Dirichlet boundary condition we correct such a sequence by means of a perturbation of order $\varepsilon^{2}$.

Let

$$
\begin{aligned}
\gamma_{1}\left(x_{1}, x_{2}\right) & :=\frac{\nu}{2}\left(-x_{2}^{2} \xi_{1}^{\prime \prime}(0)+x_{1}^{2} \xi_{1}^{\prime \prime}(0)+2 x_{1} x_{2} \xi_{2}^{\prime \prime}(0)-2 x_{1} \xi_{3}^{\prime}(0)\right), \\
\gamma_{2}\left(x_{1}, x_{2}\right) & :=\frac{\nu}{2}\left(-x_{1}^{2} \xi_{2}^{\prime \prime}(0)+x_{2}^{2} \xi_{2}^{\prime \prime}(0)+2 x_{1} x_{2} \xi_{1}^{\prime \prime}(0)-2 x_{2} \xi_{3}^{\prime}(0)\right), \\
\gamma_{3}\left(x_{1}, x_{2}\right) & :=\varepsilon \varphi D_{3} \vartheta(0)
\end{aligned}
$$

Let $\chi^{\varepsilon}:[0, \ell] \rightarrow[0,1]$ be the continuous piecewise affine function of $x_{3}$ defined by $\chi^{\varepsilon}(0)=1, \chi^{\varepsilon}(\varepsilon)=\chi^{\varepsilon}(\ell)=0$.

Let us denote by $\tilde{u}^{\varepsilon}$ the (recovery) sequence

$$
\begin{aligned}
\tilde{u}_{1}^{\varepsilon} & :=\xi_{1}-\varepsilon x_{2} \vartheta+\varepsilon^{2} \frac{\nu}{2}\left(-x_{2}^{2} \xi_{1}^{\prime \prime}+x_{1}^{2} \xi_{1}^{\prime \prime}+2 x_{1} x_{2} \xi_{2}^{\prime \prime}-2 x_{1} \xi_{3}^{\prime}\right)-\varepsilon^{2} \gamma_{1} \chi^{\varepsilon}, \\
\tilde{u}_{2}^{\varepsilon} & :=\xi_{2}+\varepsilon x_{1} \vartheta+\varepsilon^{2} \frac{\nu}{2}\left(-x_{1}^{2} \xi_{2}^{\prime \prime}+x_{2}^{2} \xi_{2}^{\prime \prime}+2 x_{1} x_{2} \xi_{1}^{\prime \prime}-2 x_{2} \xi_{3}^{\prime}\right)-\varepsilon^{2} \gamma_{2} \chi^{\varepsilon}, \\
\tilde{u}_{3}^{\varepsilon} & :=\xi_{3}-x_{1} \xi_{1}^{\prime}-x_{2} \xi_{2}^{\prime}+\varepsilon \varphi D_{3} \vartheta-\varepsilon \gamma_{3} \chi^{\varepsilon} .
\end{aligned}
$$

Theorem 5.1 With the notation above and under assumption $(H)$, there exists a constant $C$, independent of $\varepsilon$, such that

$$
\left\|E^{\varepsilon}\left(u^{\varepsilon}-\tilde{u}^{\varepsilon}\right)\right\|_{L^{2}(\Omega)} \leq C \sqrt{\varepsilon}
$$

Proof. Let

$$
w^{\varepsilon}:=u^{\varepsilon}-\tilde{u}^{\varepsilon} \text {. }
$$

Since $u^{\varepsilon}$ is a minimizer of $F_{\varepsilon}$, we have that

$$
\begin{aligned}
F^{\varepsilon}\left(\tilde{u}^{\varepsilon}\right) \geq & F^{\varepsilon}\left(u^{\varepsilon}\right)=F^{\varepsilon}\left(\tilde{u}^{\varepsilon}+w^{\varepsilon}\right)= \\
= & F^{\varepsilon}\left(\tilde{u}^{\varepsilon}\right)+\frac{1}{2} \int_{\Omega} \mathbb{C} E^{\varepsilon} w^{\varepsilon} \cdot E^{\varepsilon} w^{\varepsilon} d x-\int_{\Omega} b \cdot w^{\varepsilon} d x+ \\
& -\int_{0}^{\ell} m \vartheta^{\varepsilon}\left(w^{\varepsilon}\right) d x_{3}+\int_{\Omega} \mathbb{C} E^{\varepsilon} \tilde{u}^{\varepsilon} \cdot E^{\varepsilon} w^{\varepsilon} d x,
\end{aligned}
$$

from which we deduce that

$$
\begin{equation*}
\left\|E^{\varepsilon}\left(w^{\varepsilon}\right)\right\|_{L^{2}(\Omega)}^{2} \leq C\left|\int_{\Omega} \mathbb{C} E^{\varepsilon} \tilde{u}^{\varepsilon} \cdot E^{\varepsilon} w^{\varepsilon} d x-\int_{\Omega} b \cdot w^{\varepsilon} d x-\int_{0}^{\ell} m \vartheta^{\varepsilon}\left(w^{\varepsilon}\right) d x_{3}\right| \tag{29}
\end{equation*}
$$

In the sequel we estimate the right hand side of the inequality above. We start by computing $\mathbb{C} E^{\varepsilon} \tilde{u}^{\varepsilon}$. A direct computation shows that

$$
\begin{equation*}
E^{\varepsilon} \tilde{u}^{\varepsilon}=Z+R^{\varepsilon}, \tag{30}
\end{equation*}
$$

where $Z:=Z(u, \vartheta)$ is defined in (27) and $R^{\varepsilon}$ is defined by

$$
\begin{gathered}
R_{11}^{\varepsilon}=-D_{1} \gamma_{1} \chi^{\varepsilon}, \quad R_{22}^{\varepsilon}=-D_{2} \gamma_{2} \chi^{\varepsilon}, \quad R_{33}^{\varepsilon}=-\varepsilon \gamma_{3} \chi^{\varepsilon \prime} \\
R_{12}^{\varepsilon}=-\gamma \frac{D_{2} \gamma_{1}+D_{1} \gamma_{2}}{2} \chi^{\varepsilon}, \\
R_{13}^{\varepsilon}=\varepsilon \frac{\nu}{4}\left(-x_{2}^{2} \xi_{1}^{\prime \prime \prime}+x_{1}^{2} \xi_{1}^{\prime \prime \prime}+2 x_{1} x_{2} \xi_{2}^{\prime \prime \prime}-2 x_{1} \xi_{3}^{\prime \prime}\right)-\frac{1}{2}\left(\varepsilon \gamma_{1} \chi^{\varepsilon \prime}+D_{1} \gamma_{3} \chi^{\varepsilon}\right), \\
R_{23}^{\varepsilon}=\varepsilon \frac{\nu}{4}\left(-x_{1}^{2} \xi_{2}^{\prime \prime \prime}+x_{2}^{2} \xi_{2}^{\prime \prime \prime}+2 x_{1} x_{2} \xi_{1}^{\prime \prime \prime}-2 x_{2} \xi_{3}^{\prime \prime}\right)-\frac{1}{2}\left(\varepsilon \gamma_{2} \chi^{\varepsilon \prime}+D_{2} \gamma_{3} \chi^{\varepsilon}\right) .
\end{gathered}
$$

From the definition of $\chi^{\varepsilon}$ we deduce that

$$
\begin{equation*}
\left\|R^{\varepsilon}\right\|_{L^{2}(\Omega)} \leq C \sqrt{\varepsilon} \tag{31}
\end{equation*}
$$

where the constant $C$ depends on the following norms: $\left\|\gamma_{i}\right\|_{L^{2}(\omega)},\left\|D_{\beta} \gamma_{\alpha}\right\|_{L^{2}(\omega)}$, $\left\|D_{\alpha} \gamma_{3}\right\|_{L^{2}(\omega)},\left\|\xi_{\alpha}^{\prime \prime \prime}\right\|_{L^{2}(0, \ell)}$, and $\left\|\xi_{3}^{\prime \prime}\right\|_{L^{2}(0, \ell)}$.

Since

$$
(\mathbb{C} Z)_{\alpha \beta}=0,(\mathbb{C} Z)_{13}=\mu D_{2} \psi \vartheta^{\prime},(\mathbb{C} Z)_{23}=-\mu D_{1} \psi \vartheta^{\prime},(\mathbb{C} Z)_{33}=E D_{3} u_{3}
$$

we find

$$
\begin{align*}
& \int_{\Omega} \mathbb{C} Z \cdot E^{\varepsilon} w^{\varepsilon} d x=\int_{\Omega} \mu D_{2} \psi \vartheta^{\prime} \frac{D_{3} w_{1}^{\varepsilon}+D_{1} w_{3}^{\varepsilon}}{\varepsilon}-\mu D_{1} \psi \vartheta^{\prime} \frac{D_{3} w_{2}^{\varepsilon}+D_{2} w_{3}^{\varepsilon}}{\varepsilon}+ \\
&+E D_{3} u_{3} D_{3} w_{3}^{\varepsilon} d x \\
&=\int_{\Omega} \frac{\mu \vartheta^{\prime}}{\varepsilon} \operatorname{curl} \psi \cdot\left(D_{3} \bar{w}^{\varepsilon}+\bar{D} w_{3}^{\varepsilon}\right)+E D_{3} u_{3} D_{3} w_{3}^{\varepsilon} d x  \tag{32}\\
&=\int_{\Omega} \frac{\mu \vartheta^{\prime}}{\varepsilon} \operatorname{curl} \psi \cdot D_{3} \bar{w}^{\varepsilon}+E D_{3} u_{3} D_{3} w_{3}^{\varepsilon} d x,
\end{align*}
$$

where $\bar{w}^{\varepsilon}:=\left(w_{1}^{\varepsilon}, w_{2}^{\varepsilon}\right), \bar{D}:=\left(D_{1}, D_{2}\right)$, and where in the last equality we used the divergence theorem and the condition $\operatorname{curl} \psi \cdot n=0$ on $\partial \omega$, see (22).

Substituting (30) in (29) and using (32) we find

$$
\begin{equation*}
\left\|E^{\varepsilon}\left(w^{\varepsilon}\right)\right\|_{L^{2}(\Omega)}^{2} \leq C\left(I^{\varepsilon}+I I^{\varepsilon}+I I I^{\varepsilon}\right) \tag{33}
\end{equation*}
$$

where

$$
\begin{aligned}
I^{\varepsilon} & =\left|\int_{\Omega} \mathbb{C} R^{\varepsilon} \cdot E^{\varepsilon} w^{\varepsilon} d x\right| \\
I I^{\varepsilon} & =\left|\int_{\Omega} \frac{\mu \vartheta^{\prime}}{\varepsilon} \operatorname{curl} \psi \cdot D_{3} \bar{w}^{\varepsilon} d x-\int_{0}^{\ell} m \vartheta^{\varepsilon}\left(w^{\varepsilon}\right) d x_{3}\right| \\
I I^{\varepsilon} & =\left|\int_{\Omega} E D_{3} u_{3} D_{3} w_{3}^{\varepsilon}-b \cdot w^{\varepsilon} d x\right|
\end{aligned}
$$

From (31) we easily find that

$$
\begin{equation*}
I^{\varepsilon} \leq C\left\|R^{\varepsilon}\right\|_{L^{2}(\Omega)}\left\|E^{\varepsilon} w^{\varepsilon}\right\|_{L^{2}(\Omega)} \leq C \sqrt{\varepsilon}\left\|E^{\varepsilon} w^{\varepsilon}\right\|_{L^{2}(\Omega)} \tag{34}
\end{equation*}
$$

Concerning the second term in (33) we have

$$
\begin{aligned}
I I^{\varepsilon}= & \left\lvert\, \int_{\Omega} \frac{\mu \vartheta^{\prime}}{\varepsilon} \operatorname{curl} \psi \cdot D_{3}\left(\varepsilon \vartheta^{\varepsilon}\left(w^{\varepsilon}\right) \operatorname{curl} \psi\right) d x-\int_{0}^{\ell} m \vartheta^{\varepsilon}\left(w^{\varepsilon}\right) d x_{3}+\right. \\
& \left.+\int_{\Omega} \frac{\mu \vartheta^{\prime}}{\varepsilon} \operatorname{curl} \psi \cdot D_{3}\left(\bar{w}^{\varepsilon}-\varepsilon \vartheta^{\varepsilon}\left(w^{\varepsilon}\right) \operatorname{curl} \psi\right) d x \right\rvert\, \\
= & \left.\left|\int_{\Omega} \mu\right| D \psi\right|^{2} \vartheta^{\prime} \vartheta^{\varepsilon}\left(w^{\varepsilon}\right)^{\prime} d x-\int_{0}^{\ell} m \vartheta^{\varepsilon}\left(w^{\varepsilon}\right) d x_{3}+ \\
& +\int_{\Omega} \frac{\mu \vartheta^{\prime}}{\varepsilon} \operatorname{curl} \psi \cdot D_{3}\left[\bar{w}^{\varepsilon}-\left(f_{\omega} \bar{w}^{\varepsilon} d x_{1} d x_{2}+\varepsilon x^{\mathrm{R}} \vartheta^{\varepsilon}\left(w^{\varepsilon}\right)\right)\right] d x+ \\
& \left.+\int_{\Omega} \frac{\mu \vartheta^{\prime}}{\varepsilon} \operatorname{curl} \psi \cdot D_{3}\left[f_{\omega} \bar{w}^{\varepsilon} d x_{1} d x_{2}+\varepsilon\left(x^{\mathrm{R}}-\operatorname{curl} \psi\right) \vartheta^{\varepsilon}\left(w^{\varepsilon}\right)\right)\right] d x \mid .
\end{aligned}
$$

The first line of the identity above is equal to zero because $(u, \vartheta)$ is a minimizer of $F$ and hence it satisfies the Euler-Lagrange equation

$$
\begin{equation*}
\int_{\Omega} \mu|D \psi|^{2} \vartheta^{\prime} \eta^{\prime} d x-\int_{0}^{\ell} m \eta d x_{3}=0 \quad \text { for every } \eta \in H_{d n}^{1}(\Omega ; \mathbb{R}) \tag{35}
\end{equation*}
$$

The last line is also equal to zero since, by (23), we have

$$
\int_{\omega} \operatorname{curl} \psi d x_{1} d x_{2}=-\int_{\partial \omega} \psi t d s=-\sum_{h=1}^{I} k_{h} \int_{\gamma_{h}} t d s=0
$$

and, using (20) and the fact that $\operatorname{curl} \psi \cdot n=0$ on $\partial \omega$, we deduce

$$
\begin{aligned}
\int_{\omega} \operatorname{curl} \psi \cdot\left(x^{\mathrm{R}}-\operatorname{curl} \psi\right) d x_{1} d x_{2} & =-\int_{\omega} \operatorname{curl} \psi \cdot D \varphi d x_{1} d x_{2} \\
& =-\int_{\partial \omega} \varphi \operatorname{curl} \psi \cdot n d s=0 .
\end{aligned}
$$

Thus, since $\bar{w}^{\varepsilon}\left(x_{1}, x_{2}, 0\right)=0$ and $\vartheta^{\varepsilon}\left(w^{\varepsilon}\right)(0)=0$, and since $\mu \vartheta^{\prime}(\ell)=0$ as a consequence of (35), we find

$$
\begin{aligned}
I^{\varepsilon} & =\left|\int_{\Omega} \frac{\mu \vartheta^{\prime}}{\varepsilon} \operatorname{curl} \psi \cdot D_{3}\left[\bar{w}^{\varepsilon}-\left(f_{\omega} \bar{w}^{\varepsilon} d x_{1} d x_{2}+\varepsilon x^{\mathrm{R}} \vartheta^{\varepsilon}\left(w^{\varepsilon}\right)\right)\right] d x\right| \\
& =\left|\int_{\Omega} \frac{\mu \vartheta^{\prime \prime}}{\varepsilon} \operatorname{curl} \psi \cdot\left[\bar{w}^{\varepsilon}-\left(f_{\omega} \bar{w}^{\varepsilon} d x_{1} d x_{2}+\varepsilon x^{\mathrm{R}} \vartheta^{\varepsilon}\left(w^{\varepsilon}\right)\right)\right] d x\right| \\
& \leq \frac{C}{\varepsilon}\left\|\vartheta^{\prime \prime}\right\|_{L^{2}(0, \ell)}\left\|\bar{w}^{\varepsilon}-\left(f_{\omega} \bar{w}^{\varepsilon} d x_{1} d x_{2}+\varepsilon x^{\mathrm{R}} \vartheta^{\varepsilon}\left(w^{\varepsilon}\right)\right)\right\|_{L^{2}(\Omega)} .
\end{aligned}
$$

Applying the bi-dimensional Korn inequality

$$
\left\|\bar{w}^{\varepsilon}-\left(f_{\omega} \bar{w}^{\varepsilon} d x_{1} d x_{2}+\varepsilon x^{\mathrm{R}} \vartheta^{\varepsilon}\left(w^{\varepsilon}\right)\right)\right\|_{L^{2}(\omega)} \leq C\left\|\left(E w^{\varepsilon}\right)_{\alpha \beta}\right\|_{L^{2}(\omega)},
$$

which holds almost everywhere in $(0, \ell)$, and, integrating over $(0, \ell)$, we find $\left\|\bar{w}^{\varepsilon}-\left(f_{\omega} \bar{w}^{\varepsilon} d x_{1} d x_{2}+\varepsilon x^{\mathrm{R}} \vartheta^{\varepsilon}\left(w^{\varepsilon}\right)\right)\right\|_{L^{2}(\Omega)} \leq C\left\|\left(E w^{\varepsilon}\right)_{\alpha \beta}\right\|_{L^{2}(\Omega)} \leq C \varepsilon^{2}\left\|E^{\varepsilon} w^{\varepsilon}\right\|_{L^{2}(\Omega)}$. Thus,

$$
\begin{equation*}
I I^{\varepsilon} \leq C \varepsilon\left\|\vartheta^{\prime \prime}\right\|_{L^{2}(0, \ell)}\left\|E^{\varepsilon} w^{\varepsilon}\right\|_{L^{2}(\Omega)} \tag{36}
\end{equation*}
$$

Finally, we estimate $I I I^{\varepsilon}$.
Since $(u, \vartheta)$ is a minimizer of $F$, we have

$$
\begin{equation*}
\int_{\Omega} E D_{3} u_{3} D_{3} z_{3} d x=\int_{\Omega} b \cdot z d x \quad \text { for every } z \in H_{B N}\left(\Omega ; \mathbb{R}^{3}\right) \tag{37}
\end{equation*}
$$

Thus, for any $z^{\varepsilon} \in H_{B N}\left(\Omega ; \mathbb{R}^{3}\right)$, we may write

$$
\begin{aligned}
I I I^{\varepsilon} & =\left|\int_{\Omega} E D_{3} u_{3} D_{3}\left(w_{3}^{\varepsilon}-z_{3}\right)-b \cdot\left(w^{\varepsilon}-z^{\varepsilon}\right) d x\right| \\
& =\left|\int_{\Omega}\left(E D_{3} D_{3} u_{3}+b_{3}\right)\left(w_{3}^{\varepsilon}-z_{3}^{\varepsilon}\right)-b_{\alpha}\left(w^{\varepsilon}-z^{\varepsilon}\right)_{\alpha} d x\right|
\end{aligned}
$$

where we have used here the fact that $D_{3} u_{3}\left(x_{1}, x_{2}, \ell\right)=0$ which follows from (37). We now take for $z^{\varepsilon}$ the projection of $w^{\varepsilon}$ on the Bernoulli-Navier space, that is

$$
z_{\alpha}^{\varepsilon}=f_{\omega} w_{\alpha}^{\varepsilon} d x_{1} d x_{2}, \quad z_{3}^{\varepsilon}=f_{\omega} w_{3}^{\varepsilon} d x_{1} d x_{2}-x_{\alpha} z_{\alpha}^{\varepsilon \prime}
$$

With this choice, using Poincaré inequality, we have

$$
\left\|w_{\alpha}^{\varepsilon}-z_{\alpha}^{\varepsilon}\right\|_{L^{2}(\omega)} \leq C\left\|D_{\beta} w_{\alpha}^{\varepsilon}\right\|_{L^{2}(\omega)} \leq C \varepsilon^{2}\left\|H^{\varepsilon} w^{\varepsilon}\right\|_{L^{2}(\omega)}
$$

and, integrating over $(0, \ell)$ and using Korn inequality, we deduce

$$
\left\|w_{\alpha}^{\varepsilon}-z_{\alpha}^{\varepsilon}\right\|_{L^{2}(\Omega)} \leq C \varepsilon^{2}\left\|H^{\varepsilon} w^{\varepsilon}\right\|_{L^{2}(\Omega)} \leq C \varepsilon\left\|E^{\varepsilon} w^{\varepsilon}\right\|_{L^{2}(\Omega)}
$$

To estimate $w_{3}^{\varepsilon}-z_{3}^{\varepsilon}$ we shall use a partial Korn inequality, see Theorem 7.2 and Theorem 8.1 of [11], which implies that

$$
\begin{aligned}
\left\|w_{3}^{\varepsilon}-z_{3}^{\varepsilon}\right\|_{\left(H^{1}\left(0, \ell ; L^{2}(\omega)\right)\right)^{\prime}}^{2} & \leq C\left(\left\|\left(E w^{\varepsilon}\right)_{\alpha \beta}\right\|_{L^{2}(\Omega)}^{2}+\left\|\left(E w^{\varepsilon}\right)_{\alpha 3}\right\|_{L^{2}(\Omega)}^{2}+\right. \\
& \left.+\varepsilon^{3}\left\|\left(E^{\varepsilon} w^{\varepsilon}\right)\right\|_{L^{2}(\Omega)}^{2}\right)
\end{aligned}
$$

Hence

$$
I I I^{\varepsilon} \leq C \varepsilon\left(\left\|E D_{3} D_{3} u_{3}+b_{3}\right\|_{H^{1}\left(0, \ell ; L^{2}(\omega)\right)}+\|b\|_{L^{2}(\Omega)}\right)\left\|\left(E^{\varepsilon} w^{\varepsilon}\right)\right\|_{L^{2}(\Omega)}
$$

where $\left\|E D_{3} D_{3} u_{3}+b_{3}\right\|_{H^{1}\left(0, \ell ; L^{2}(\omega)\right)}$ is finite by (28) and assumption $(H)$. From (33), (34), (36), and the last inequality we obtain the claim of the Theorem.

REMARK. The rate of convergence $\sqrt{\varepsilon}$ appearing in Theorem 5.1 comes to the estimate of $I^{\varepsilon}$, and it is due to a boundary layer of width $\varepsilon$ in which the boundary condition are accomodated. For an unconstrained beam we would obtain, with the same proof, an estimate of order $\varepsilon$ instead of $\sqrt{\varepsilon}$.

Corollary 5.1 Under the same notation and assumptions of Theorem 5.1, there exists a constant $C$, independent of $\varepsilon$, such that

$$
\left\|u^{\varepsilon}-u\right\|_{H^{1}(\Omega)} \leq C \sqrt{\varepsilon} .
$$

Proof. By Korn inequality, for any $\varepsilon \in(0,1]$, we have

$$
\left\|u^{\varepsilon}-\tilde{u}^{\varepsilon}\right\|_{H^{1}(\Omega)} \leq K\left\|E\left(u^{\varepsilon}-\tilde{u}^{\varepsilon}\right)\right\|_{L^{2}(\Omega)} \leq K\left\|E^{\varepsilon}\left(u^{\varepsilon}-\tilde{u}^{\varepsilon}\right)\right\|_{L^{2}(\Omega)} \leq C \sqrt{\varepsilon}
$$

and the claim follows from the definition of $\tilde{u}^{\varepsilon}$.

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[^0]:    *Dipartimento di Matematica e Informatica, Università di Udine, via delle Scienze 206, 33100 Udine, Italy, email: freddi@dimi.uniud.it
    ${ }^{\dagger}$ Laboratoire Jacques-Louis Lions, Université Paris VI, Boîte courrier 187, 75252 Paris Cedex 05, France, email: murat@ann.jussieu.fr
    ${ }^{\ddagger}$ Dipartimento di Architettura e Pianificazione, Università degli Studi di Sassari, Palazzo del Pou Salit, Piazza Duomo, 07041 Alghero, Italy, email: paroni@uniss.it

